



OCTOBER

HMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Baked Herb Tilapia Buttered Bow Tie Pasta Green Beans Fresh Fruit Milk (ham)	Mini Turkey Corn Dogs Baked Chips Mixed Vegetables Fresh Fruit Milk (sub)	Italian Beef w/ Peppers & Onions Baked Fries Veggies & Dip Fresh Fruit Milk (tuna)	Cheese Bosco Sticks w/wo Marinara Sauce Salad/ Soup Fresh Fruit Italian Ice Milk (egg salad)	Grilled Cheese on WW Bread Tomato Soup Pretzels Carrots Fresh Fruit Milk (Salami)
8	9	10	11	12
Teacher Institute Day NO SCHOOL	Meat Lasagna Salad Garlic Toast Fresh Fruit Milk (sub)	Chicken Fajitas w/ Peppers & Onions Vegetable Brown Rice Broccoli Fresh Fruit Milk (tuna)	French Bread Multi-Grain Pizza Salad/Soup Fresh Fruit Italian Ice Milk (egg salad)	BBQ Pulled Pork on WW Bun Baked Chips Mixed Vegetables Fresh Fruit Milk (salami)
15	16	17	18	19
Turkey Taco Salad Bowl Vegetable Brown Rice Corn Fruit Fruit Milk (ham)	Stuffed Shells Salad Garlic Toast Fresh Fruit Milk (sub)	American Panini (ham, turkey, cheese, onions & tomato) Baked Chips Veggies & Dip Fresh Fruit Milk (tuna)	Round Cheese/Sausage Pizza Salad/ Soup Fresh Fruit Italian Ice Milk (egg salad)	BBQ Chicken Wings Mashed Potatoes Broccoli Fresh Fruit Milk (salami)
22	23	24	25	26
Meatball Sandwich on WW Bun Italian Mixed Vegetables Baked Fries Fresh Fruit Milk (ham)	Chicken Noodle Soup Strawberry, Spinach, Feta & Romaine Salad French Bread Yo Kid's Organic Yogurt Fresh Fruit Milk (sub)	Pork or Veggie Egg Roll Vegetable Brown Rice Green Beans Fortune Cookie Fresh Fruit Milk (tuna)	Cheese Bosco Sticks w/wo Marinara Sauce Salad/ Soup Fresh Fruit Italian Ice Milk (egg salad)	Baked Potato Bar Chicken, Broccoli, Bacon & Cheese Salad Yo Kid's Organic Yogurt Fresh Fruit Milk (salami)
29	30	31		
Cheese Tortellini w/wo Marinara Sauce Broccoli French Bread Fruit Fruit Milk (ham)	Turkey & Cheese Sub Baked Chips Veggies & Dip Fresh Fruit Milk (sub)	EARLY RELEASE  HAPPY HALLOWEEN		

Lunch = \$3.60